

Inner Balance Scan

HEALTH ASSESSMENT



Personal Health Monitor

For research and educational purpose

The Inner Balance Scan is a simple, intuitive, easy-to-use health assessment tool that provides insight into the balance of the autonomic nervous system.

It offers access to valuable knowledge about health including the following conditions:

- Heart Disease
- Fatigue
- Stress
- Sleep Problems
- Hypertension
- Dizziness
- Depression
- Migraine
- Panic Disorder
- PMS
- Anxiety
- Diabetes
- Toxins
- More

Test protocols included in IBS

IBS provides conduction of simple 5-minute HRV tests that can be performed with an evaluation protocol of your choice:

- **Single Health Snapshot** - a single health diagram report.
- **Pre-Post Evaluation Protocol** - a two-test diagram report that shows health changes "before" and "after" a certain event.

IBS can be used to assess:

- Physical / Mental Stress
- Fatigue / Exhaustion
- Peak Performance Condition
- Pre / Post Treatment Effectiveness for any therapy
- Autonomic Balance Profile

Contact Information

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Key Features

- Evaluation of overall health condition
- Analysis of environment and lifestyle health effect and body's Inner Balance
- Revealing subtle health issues
- Evaluation of the effectiveness of physical training
- Recommendations on right health improvement procedures
- Automatic data recording quality control
- Real time pulse wave and heart rate in tests
- Intuitive colorful graphical user interface
- Multiple user records - ideal for family use
- Lifetime history of the Inner Balance reports
- Easy to hook-up ear-clip probe
- Connects to any PC via standard USB port

The Inner Balance Scan provides the means for a quick evaluation of the autonomic nervous system's regulatory function and uses the cutting edge technology to measure parasympathetic and sympathetic activities and assess the autonomic balance in the body.

Check the health balance

The Autonomic Nervous System can be influenced by many factors, such as:

- Diet
- Medication
- Therapy
- Exercise
- Yoga
- Stress Reduction
- Emotions
- Vitamins
- Meditation
- More

Hardware Options

Photoplethysmographs (PPGs)



PPG
BC-1200
(USB)

Inner Balance Scan

HEALTH ASSESSMENT

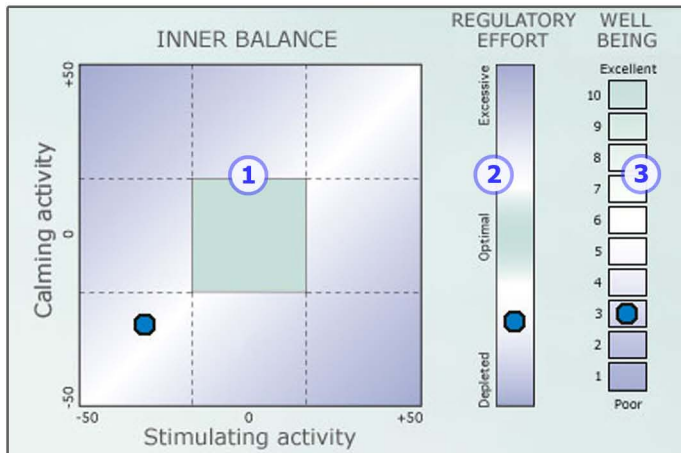


Health Assessment Reports

Examples of some most popular reports are shown.

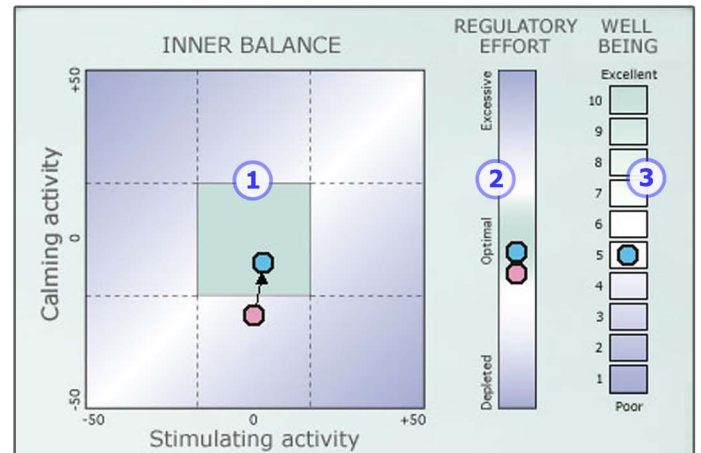
The Inner Balance Scan also creates many other types of reports. Please visit our website for more information.

Single Inner Balance Report



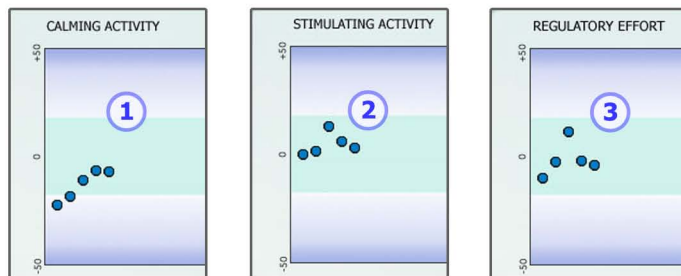
- 1 The INNER BALANCE diagram shows a condition of the autonomic nervous system, which attempts to achieve equilibrium between its stimulating and calming activities.
- 2 The REGULATORY EFFORT bar shows overall activity of the autonomic nervous system in functional regulation of the human organism.
- 3 The WELL-BEING bar shows a self-assessment of overall feelings obtained from the subject prior to testing.

Pre-Post Inner Balance Report



- 1 The INNER BALANCE diagram shows a shift of the inner balance from the vagal dystonia to the autonomic normonomia after a chiropractic adjustment procedure to mitigate pain in the cervical segment of the spinal cord.
- 2 The REGULATORY EFFORT bar shows a shift from slightly below the normal range to the normal range after the adjustment procedure.
- 3 The WELL-BEING bar shows the self-evaluation scale meaning that the subject's personal feeling is about average before and after the procedure.

Assessment History Reports



The Inner Balance Scan system gives ability to review entire history of assessments of a patient and thus evaluate the effect of administered treatment. For example:

- 1 The graph shows that calming activity is progressively increasing, which means that body's restorative regulatory function is getting stronger.
- 2 The graph shows that stimulating activity has slightly increased and remains within its normal range.
- 3 The graph shows that regulatory effort reflecting overall regulatory activity of the body has slightly increased and remains within its normal range.

Users of Inner Balance Scan

- Clinical Researchers
- Stress Management Counselors
- Alternative Therapy Specialists
- Biofeedback Therapists
- Physiology Class Teachers
- Physical / Occupational / Recreational Therapists
- Cardiovascular Rehabilitation Specialists

System Requirements

- CPU Pentium III 800 MHz (or equivalent)
- 256 Mb of RAM
- Video card with at least 1024x768 and High-Color resolution
- 50 Mb of free hard disk space
- CD ROM drive
- One available USB port, version 1.1 or higher
- Windows Me/2000/XP/Vista or 7 Operating system

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